### Healthy and Affordable Food Choices

### Highlights:

- Healthy and Affordable Food Accessibility in the University Canteen
- Adherence to the Policy and Guidelines to Ensure Affordable Food Choices



Healthy and affordable food accessibility in the University canteen

The university canteen provides healthy and affordable food choices



in the campus by which it releases a rolling menu to the Resource Generation Office facebook page that includes the price list and dishes served on a daily basis. The office makes sure that each rolling menu has a vegetarian option and dishes. Moreover, the office released an advisory that intends to inform the University constituents on what the University is Offering.



Please be advised that healthy and affordable foods are available at the University Canteen located at CITE Building, Ground floor.

-Resource Generation Office - Pablo Borbon



Document Reference No.: BatStateU-DOC-AA-

### Republic of the Philippines BATANGAS STATE UNIVERSITY Batangas City POLICIES AND PROCEDURES FOR FOOD SERVICES

In accordance with CHED Memorandum Order No. 09, s. 2013 (Enhanced Policies and solidations on Student Affairs and Services) and DEPED Order No. '8 Series 2007 (Revesse unplementing Guidelines On The Operation And Management Of School Canteens In Public Illementary And Secondary Schools), the following guidelines for the Food Services in Battagos tate University are hereby adopted for the information, guidance and compliance of all oncerned.

### ARTICLE I POLICY STATEMENT

Section 1. Pursuant to Sec. 26 of Article IX of the Enhanced Policy and Guidelines on Stude Affairs and Services of the Commission on Higher Education (CHED), all Higher Educatio Institution shall facilitate the delivery of essential services to students including food service in function is to essure available, adeouste, as fea and healthful food within the cameus an

### 7.1 Nutrient-rich food such as root crops, noodles, rice and corn products in natura preparation, fruits and vegetables in season, fortified food products labeled rich in

- 7.2 Beverages shall include milk, shake and juices prepared from fruits in season.
  7.3 Carbonated drinks, sugar-based synthetic or artificial flavored juice and juni
- foods shall not be sold to integrated school pupils/students

  7.4 Any food product that do not bear Sangkap Pinoy Seal and did not pass BFAI
- approval is prohibited
  7.5 lodized salt shall be used in the preparation of food to ensure that the iodine

Provisions to the Terms of Reference for the Canteen Tenants approved by the University President as per Administrative Council decision shall be strictly followed. Tenants are

In the event that a food-borne illness occurs, including food poisoning, the University shall conduct an investigation with proper authorities which would focus on the adherence and non-adherence to the above guidelines, among others. The Auxiliary Services Office Connection

Section S. Monitoring and Evaluation

The food offered by the university canteen is the result of the criteria policy that the resource generation office has implemented such as "having a healthy and affordable choice of food". In summary, the University Canteen Provides Food with essential nutrition such as macronutrients micronutrients adequate calories.

# HEALTHY AND AFFORDABLE FOOD CHOICES

### NARRATIVE REPORT 2.3.4 RGO Advisory 2021

Resource Generation Office is one of the units of Batangas State University - The National University - Pablo Borbon, which caters the needs of the student, employee, and faculty. Moreover, the office has facilities that oversees such as University Canteen which means that the operation of canteen is accounted to the office.

In connection with the canteen operation, Resource Generation Office has posted an advisory which entails that the university canteen provides healthy yet affordable foods that the constituents can access. Advisory has been posted in different bulletin inside the University.

### PHOTO DOCUMENTATION

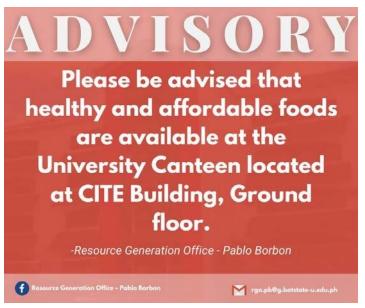


Figure 1. Advisory of Resource Generation Office



Figure 2. Advisory posted at University Canteen



Figure 3. Advisory posted on Integrated School Bulletin

Prepared by:

Ms. MISSIE JANE M. ANTE Senior Bookkeeper, RGO

Approved by:

Olmonouls Dr. ANNA LIZA H. MANALO

Head, RGO

## ADVISORY

Please be advised that healthy and affordable foods are available at the University Canteen located at CITE Building, Ground floor.

-Resource Generation Office - Pablo Borbon





### NARRATIVE REPORT 2.3.3 Rolling Menu – University Canteen 2021

Batangas State University – The National Engineering University ought to provide its students and faculty an affordable and sustainable food choices inside the campus. The university considered various factors in coming into this conclusion. Students tend to be food insecure which leads to lack of access to nutritious and affordable food.

As a top university, the Batstate-U implemented rolling menu which intends to provide the university and its people the most appropriate menu at the time. It also saves time to have rolling menus and planning it in advance both for the employees and the perceived customers. It provides transparency on the menu and promote healthier choices.

Attached below are the menus posted on the Facebook page of the RGO Pablo Borbon.

# Resource Generation Office Pablo Borbon October 13, 2021 \*\* Happy Wednesday! Here's the pricelist for today's menu! Pancit Bihon - Php 35.00 Pork Nilaga - Php 60.00 Ginisang Ampalaya - Php 50.00 Rice - Php 10.00 MENUFOR TODAY OCTOBER 13, 2021 - BREAKFAST/ SNACKS Pancit Bihon / Canton - LUNCH Pork Nilaga Ginisang Ampalaya Ginisang Ampalaya Fried Tilapia Rice Beverages are also available at the Canteen located at 5rd floor of Student Center Building For inquiries and orders please message us or call or local 1221

### PHOTO DOCUMENTATION

https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/928211594453209/

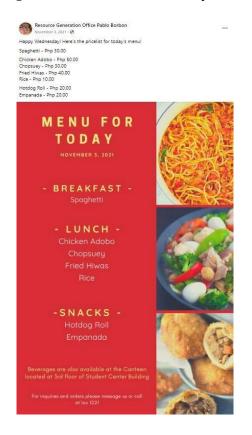
Figure 1. October 2021 Healthy Menu

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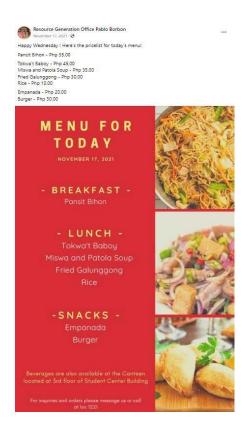
https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/936907303583638/

Figure 2. October 2021 Healthy Menu



https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/949118789029156/

Figure 3. November 2021 Healthy Menu



https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/940946626513039/

Figure 4. November 2021 Healthy Menu



https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/964886114119090/

Figure 5. December 2021 Healthy Menu



https://www.facebook.com/RGOPabloBorbon/photos/a.345132746094433/972781749996193/

Figure 6. December 2021 Healthy Menu

Prepared by:

Ms. MISSIE JANE M. ANTE Senior Bookkeeper, RGO

Approved by:

Olmonous Dr. ANNA LIZA H. MANALO Head, RGO



### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

### THE UNIVERSITY CANTEEN, Ground Floor, CITE Bldg.

A perfect place to dine comfortably where wide array of healthful foods from appetizers to desserts, snacks and beverages are offered to students, faculty, employees, guests and other members of Batangas State University community.



The facilities and amenities...



The university canteen is well-lighted, well- ventilated (air-conditioned) and provided with potable water supply. Each stall is provided with space for cooking, preparatory equipment and serving tools and utensils. The dining tables and chairs are durable and in good condition. There are staff who are tasked to maintain the cleanliness and orderliness of the canteen with appropriate and adequate cleaning supplies and materials



### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

**EXECUTIVE LOUNGE**Facilities and Amenities





### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

The tenants were properly screened and selected by the Canteen Evaluation Committee using a set criteria to assure food safety and nutritious meals are served

Variety of food choices from the different stalls of Lutong Bahay...















### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

Menu boards are informative, entertaining and properly displayed in each stall. Different permits (sanitary, mayor and environmental compliance) are also visibly posted









A Fastfood Chain stall offering combo meals...







### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**















### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

The staff of each stall are required to practice good personal hygiene and proper grooming at work, observe food safety and sanitation in food preparation, display and service... Regular monitoring is conducted to ensure the compliance of food business to the policies of the University















### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**















### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**











Selections and

Varieties of Kakanin and Dessert ...



### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**









Experience dining everyone can truly enjoy





### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**

Food items are reasonably priced considering the quality of food, atmosphere of the dining area and service









### **BATANGAS STATE UNIVERSITY**

Gov. Pablo Borbon - Main Campus I, Rizal Avenue, Batangas City

### **OFFICE OF STUDENT AFFAIRS AND SERVICES**



Signage are visibly displayed







Wastes are properly managed

Prepared by A. SANCHEZ

Mr. ELVIC M. SANCHEZ

Assistant Director, Food Services

MENU	SERVING SIZE	PRICE PER SERVING
menudo		\$501M
chicken BBO		\$ SDIV
chicken Buffalo		\$10,10
chidhen terayaki		\$50,00
Garlic chicken		DOIN
onidien Italia		1001W
didien curry		DOIN
Fried Midken		pwin
chidlen tinola	Little FT-E Section	\$ VD, W
POR Kaldereta	PUDIN	
Pork Humba	\$ 50,00	
Patang Paksin	\$ TD, w	
Dinuguan		\$ vo, w
cordon Bleu		\$ 46, W
Beef Parcs 4/ Rice		\$ 50,00
Sinigang (PORK)		& ROOM
Lechon Kawali		10000
vivig		\$ NOIN
Fried Fish		\$30-50,4
Adobo Pasit	\$30.10 - \$35 W	
6 inataang isda	\$(ro, w	
bulanglang		
Prnakbef	\$ 20:W	
Ginataang Langka	\$ 20,00	
chopsoey	\$ 25,40	
BBQ on stick	\$ 20, 10 \$ 20-10 - \$ 30, 10	
Pinais na isda		\$ 20-00 - \$ 30,00

Note: Menu for 15 days.

Redisider Rochelle E. besiderio
Signature over Printed Name

Applicant

MENU	SERVING SIZE	PRICE PER SERVING
BUFFALD WINGS WITH MOR	1 PC	\$ 60.00
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SUPERT CHILL CONGREGAL)	Printed the Beat not	Trade of Common and April
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PONK CALDEVLETA		
ponul prote		
PONK CICIG	rest narries	The second second
PONK ADDBO		
MAKUL STEAK	DENVING DIEE	PRICE PER SELEZAVO
BICON EXPRESS	THE PARTY OF THE PARTY	
Brod & Good grand		P. Ph. m. or
LITERO KAMPLI		
CA+CULAN COMPON POLYM		
CHOUSE KOOBS		
FIRM FILLET		
punic shironory		
twoin		
GNIATY NA MONGYO		\$ 25. 00
PANCEST		25, N
Comby Town Lynks		25.10
AMPALANA CON CAMIL		20.00
	re on separate sheet if necessary)	

Note: Menu for 15 days menu.

Control of the Section

Helen Gasau Endand Signature over printed name Applicant

MENU	SERVING SIZE	PRICE PER SERVING	
Plain rice	1 cup	₱10,	
fried tice	1 cup	10.	
tapsi log	plate	45.	
osi log	plate	45.	
pakbet	сир	25.	
chopsney	,,	35,	
monggo	14	20	
fried fish	per bc.	35,	
fried chicken	,,,	35.	
fried porchap	11	35.	
ginataang langka	per cup	25 ,	
mix yeagines	, , J	35,	
bulang lang	10	20.	
binagoongan	, .	3V.	
kare-Rare	11	35,	
ginafaang laing	"(	30,	
Finola & sinigang	, (	3J.	
adobo	, ,	35,	
apritada	, 1	35	
apritada caldereta	10	35.	
sisia	16	30	
sweet & sour fish meat		3T.	

Note Menu for 15 days menu

AMOR M. FRANCISCO
Signature over printed name

Applicant

APPENDIX I (to fill out by the applicant):

A - Menu		
Items	Description to include:	Price per Serving
	1. Ingredients	
	2. Manner of Preparation	
Note: Menu should	be per food item	
Sinigang	pork fresh sampalok kang fomator salf & pepper rad String beaus union	Kong \$ 3.5.
C. C		

MENU	SERVING SIZE	PRICE PER SERVING
Shawarma Rice		
Sisig Rice		
Porksteak		
Gempo		
Breaded Porkchop Chicken fillet		
clicken fillet		
Pork teryalci		
Fish Fillet		
Dinnguan Menudo,		
Caldereta		An Do
Lechon Kavali		1 10 -180
Spring Roll		
Spring Roll Veggie Roll		
Silog Meals		
not silog		
Tapsilog		
Brulang lang		
Siomai Dim sums Sansages		
Sansages		
0		

Note: Menu for 15 days menu

Monia Fatima Tan
Signature over printed name

Applicant

APPENDIX I (to fill out by the applicant):

Price per Serving	
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<del>600</del>	
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10 100	

### NARRATIVE REPORT 2.3.4 RGO Cook 2021

Batangas State University – The NEU oversees the importance of providing quality and affordable food for its people. It ensures that all the foods that will be served is on its top of quality. Moreover, the university promotes the development healthy and affordable food choices.

In accordance with this, the Resource Generation Office which facilitates the RGO kitchen guarantees that the proper kitchen etiquette will be implemented. The RGO also conducts menu planning to further enhance it and keep up with the demand.

### PHOTO DOCUMENTATION



Figure 1. Preparation of Foods



Figure 2. Menu Planning



Figure 3. Proper kitchen etiquette

Prepared by:

Ms. MISSIE JANE M. ANTE Senior Bookkeeper, RGO Approved by:

Umonous

Dr. ANNA LIZA H. MANALO

Head, RGO