



BATANGAS STATE UNIVERSITY

The National Engineering University

Sagip Kalusugan: Community Outreach to Disaster - Prone Areas in Barangay Pallocan, Batangas City

This community outreach program was done by the **College of Nursing and Allied Health Sciences** in partnership with the **City Risk Reduction and Management Office (CDRRMO)** to the residents of Barangay Pallocan West, Batangas City., a **total of 66 participants** including 6 male and 60 female residents. This activity aims to conduct an inclusive health education program on **Water, Sanitation and Hygiene (WASH)** to prevent water- borne and vector- borne diseases during flash floods to the community of the said barangay.

Specifically, this aspire to:

- educate and help control and prevent the spread of water-borne and vector-borne diseases brought about by flooding among the residents;
- provide knowledge among 75% of the participants on the basic management of the abovementioned diseases to the residents of the target community;
- develop Information, Education and Communication (IEC) materials that can be posted in strategic areas in the community;
- instill basic measures in responding to emergencies and disaster among residents of target community; and
- distribute basic disaster supplies kits among the members of the target community.

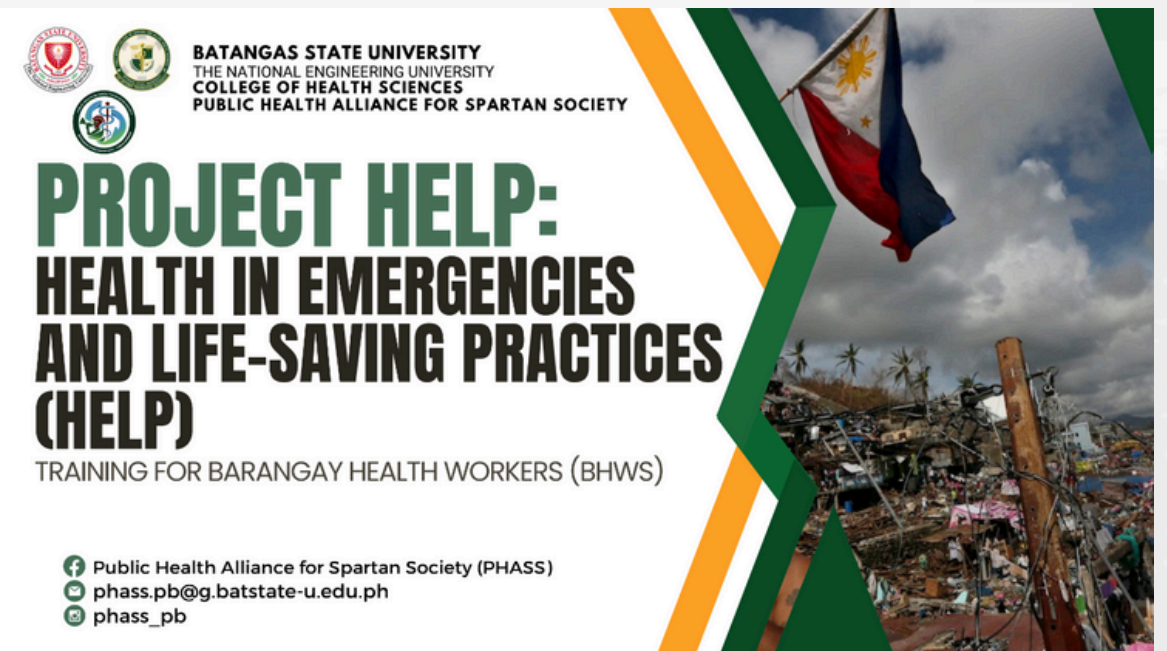
The outreach program served a total of 6 male and 60 female as beneficiaries.

The program started with an opening prayer and opening remarks by CONAHS Extension Coordinator, **Ms. Kristia Lei A. Reyes**. The participants were residents of Barangay Pallocan West, particularly those living near the Calumpang River and are often affected by flood, including residents of Tierra Verde Subdivision who suffered flood during Typhoon Rolly last Nov. 2, 2020. Tierra Verde Subdivision is located near a creek and less than 500 meters away from Calumpang River. The participants answered the pre-test and the results revealed that some residents are not knowledgeable in terms of disaster preparedness and health. In the lectures discussed, emphasis was on prevention of these diseases by environmental sanitation and increasing awareness among the residents. Post- test were also answered.

LECTURES DISCUSSED

- **HEALTH IN EMERGENCIES AND DISASTER PREPAREDNESS**
Ms. Vivian M. Alon, RMT
- **FLOOD WATER SAFETY AND WASH**
Mrs. Rysheer Q. Legaspi, RND, MSc
Asst. Director for Disaster Risk Management and Health / CONAHS Faculty
- **WATER- BORNE AND VECTOR- BORNE DISEASES**
Ms. Vivian M. Alon, RMT

It can be observed that most of the residents improved on their knowledge in terms of health and disaster preparedness. After administering the post-test, evaluation forms were answered, followed by the awarding of certificates to all participants as well as tokens to those who got highest scores in pretest and posttest. The program ended with a photo-opportunity.



TIME	ACTIVITY	PERSON-IN-CHARGE
9:00 - 9:10 AM	Invocation & Philippine National Anthem	AVP
9:10 - 9:20 AM	Opening Remarks	Dr. Maria Christina Bernadette C. Aguba Dean, CONAHS
9:20 - 9:40 AM	Rationale of the Activity & Pre-Test	Mrs. Rochelle Anne S. Quina Associate Dean, CONAHS
9:40 - 10:00 AM	Introduction of the Resource Person	Mrs. Mary-Ann H. Bionas Clinical Instructor
10:00 - 10:40 AM	Speakers' Lecture: Health in Emergencies & Disaster Preparedness	Ms. Vivian M. Alon Advisor, PHASS
10:40 - 11:20 AM	Speakers' Lecture: Floodwater Safety / WASH	Mrs. Rysheer Q. Legaspi Asst. Dir., Research Office-Central
11:20 - 11:40 AM	AM SNACKS	
11:40 - 12:00 PM	OPEN FORUM	
12:00 - 1:00 PM	LUNCH	
1:00 - 1:40 PM	Speakers' Lecture: Water-Borne and Vector-Borne Disease	Ms. Vivian M. Alon Advisor, PHASS
1:40 - 1:50 PM	Post-Test & Evaluation Form	Mrs. Kristia Lei A. Reyes Extension Coordinator
1:50 - 2:00 PM	Closing Remarks	Mrs. Mary-Ann H. Bionas Clinical Instructor





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HEARTFUL WARRIORS: Empowering Our Little Heroes

The outreach program was conducted on December 13, 2023, by the **College of Medicine** in collaboration with the **Cancer Warriors Foundation** Incorporated. The program's beneficiaries were children with cancer and their guardians, with the aim of making a positive impact in their lives.

OBJECTIVES

The objectives of this outreach initiative included engaging in a meaningful cause, providing support, and fostering positive change. Additionally, it sought to promote inclusivity and create a nurturing environment for all participants. A key focus was on amplifying the voices of the children, ensuring they were recognized and heard, while also raising awareness and establishing meaningful connections with the community.

KEY FOCUS

A key focus was on amplifying the voices of the children, ensuring they were recognized and heard, while also raising awareness and establishing meaningful connections with the community.

ACTIVITIES

The outreach program began with the host outlining its purpose. Following this, the children were paired with facilitators who would support them throughout the day. These facilitators guided the children in activities such as **creating artwork** to stimulate their creativity, while also emphasizing the importance of maintaining mental resilience and emotional stability. Additionally, **interactive games** were organized to boost their physical endurance, tailored to match their individual abilities. At the conclusion of the program, each child received a small gift as a gesture to make them feel cherished and appreciated.



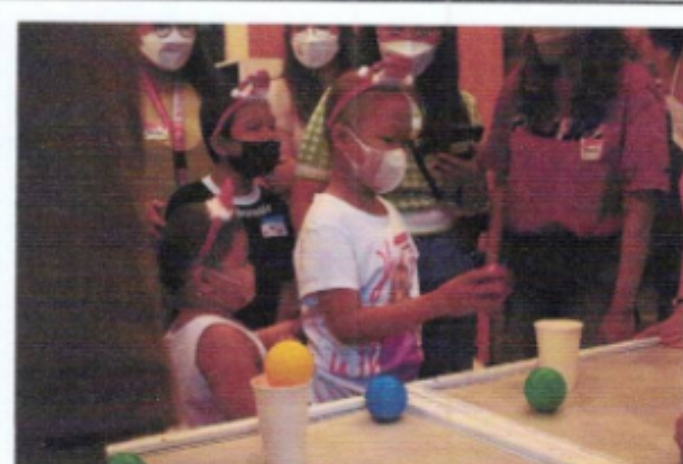
Hosts (Ms Pedral & Mr Tolentino) starting up the program by pairing the kids with their facilitators (volunteers)



Each kid is paired up with 2 volunteers that get to be with throughout the day



Storytelling Booth



Fun booth