BATANGAS STATE UNIVERSITY

The National Engineering University

BATSTATEU'S CONDUCTS FIRST EVER VOLUNTARY HIV SCREENING AND COUNSELING



al Engineering



Let Me Aid(s) You by Jayve Bryan A. Bool

A digital art competition was also held to utilize multimedia in spreading awareness towards gender diversity, inclusivity, HIV, and AIDS.

On March 31, 2023, Batangas State University offered free HIV screening and counselling to its faculty, staff, and students. Simultaneously, Mr.Wilbert Balmes Alcantara from Wagayway Equality Inc. gave a lecture on HIV and AIDS. He gave an overview of these medical conditions and addressed common misconceptions. Misconceptions regarding HIV and AIDS range from believing that only particular groups of people (such as gay men) can catch the virus to believing that there is a treatment for AIDS.



A dialogue regarding Republic Act 11166, also known as the Philippine HIV and AIDS Policy Act of 2018 was also conducted. Mx. Rob Mortel discussed the Philippine HIV and AIDS Policy Act of 2018 The discussion covered various aspects of the act, such as its provisions related to gender and sexuality, as well as the challenges faced in implementing the law and addressing issues related to HIV and AIDS in the Philippines.

individuals voluntarily counseled and screened for HIV

Source: Gender and Development Office

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BATSTATEU HOLDS WELNESS SEMINAR ON MENOPAUSAL HEALTH



Dr. Karina Acosta-Dinglasan, an Obstetrician-Gynecologist, giving a talk on menopause



Batangas State University faculty members listening to the talk on menopause, health, and nutrition

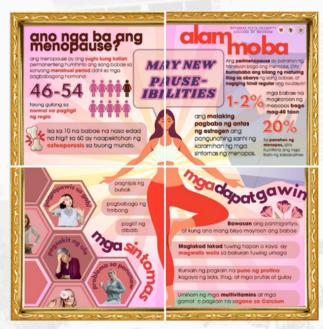
"May New Pause-ibilities": A Talk on Menopause

Menopause and Nutrition

Ms. Rose Anne Reyes, a licensed nutritionist-dietitian, thoroughly discussed the nutrition appropriate for those who are experiencing menopause. She also discussed the importance of reading the nutritional label and taking note of the overall contents and not just merely looking at the calorific content of the food.



The College of Medicine hosted a wellness seminar, POWER UP: Potentiating Wellness Era, Unlocking Possibilities, on November 23, 2023. One session, held in HEB Room 401, focused on the topic of menopause. The seminar delved into the fundamental aspects of menopause, including physiological changes and recommended dietary practices. Attendees also gained insights into healthy food choices to support overall well-being during this life stage.



Source: College of Medicine